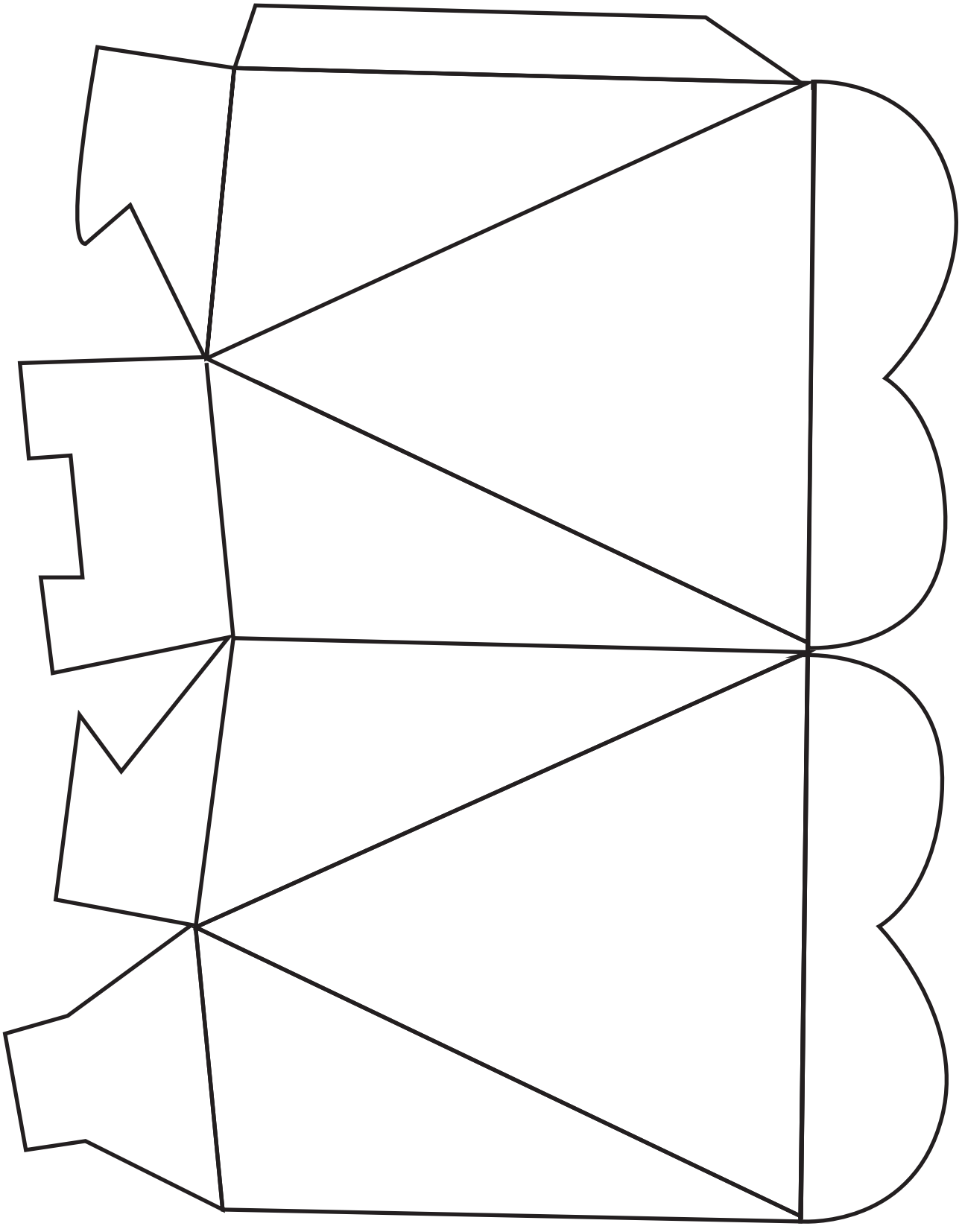Heart Box